

WHAM Group Riding.

As a rule, we don't use the 'Second Man Drop' system that is favored by some other groups. We've tried it on numerous occasions and have concluded that our method is more flexible, more fun, safer and easy to understand.

So, how does our system work?

- Easy. We form into groups of ideally 3 or 4 riders.
- All riders should exchange mobile phone numbers.
- The lead rider(s) must either have a programmed SatNav or know the route off by heart.
- Where the route deviates from the straight ahead, all riders in the group should ensure that the rider following them has seen them turn.
- Overtaking within the groups is allowed but you should never overtake the current group leader unless you have a programmed SatNav or know the route by heart. This should be acknowledged before you set off.
- To keep the group together and prevent confusion, if the current leader takes what you think, or your SatNav is telling you is a wrong turn, you should still follow the leader. If you think, or your SatNav is telling you that you should make a turn and you have not seen the rider in front of you make the turn then you should not make the turn.
- If you need to leave the ride early you must inform the other group members.

If everyone understands and applies the above rules then the system we use allows riders of differing pace to ride together and should prevent an anxiety about keeping up, getting lost or feeling pressured into out-of-comfort-zone riding.

REMEMBER THE GOLDEN RULE: RIDE YOUR OWN RIDE – That means your own pace, make your own overtaking decisions and don't respond to perceived pressure from other group riders to keep up.