

Recommended First Aid Kit

- 1 Pair Tuf-cut scissors
- 2 Pair Nitrile gloves
- 1 Burn gel & pad
- 1 Sterile large dressing
- 1 Sterile small dressing
- 2 Triangular bandages
- 1 Sterile eye wash pod
- 2 Alcohol free wipes
- 1 Resusci-aid face mask (CPR protection)
- 1 Tampon
- 4 Sterile non-woven anti-allergenic plasters
- 1 ITC first aid card
- 2 Safety pins
- 1 sealable waterproof bag for protecting kit & waste disposal.