



Worcester and Hereford Advanced Motorcyclists

Members Refresher

The information contained in this document is provided to help you prepare.

The refresher will be conducted by Chief Observer or Senior Observer (Training)

Within the refresher there are the following sections: -

- **Section 1** Members demo ride of about 25 miles and demonstration of slow riding / manoeuvring skills.
- **Section 2** Debrief
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Section 1

- The Member will be asked to demonstrate their knowledge of routine checks and safety issues including: -
- Moving Brake Test
 1. Reasons for doing one
 2. How you would carry one out
- P.O.W.E.R. / POWDER
- The route – could include motorway, city, national & rural roads
- Slow riding / manoeuvring – in a suitable place (e.g. car park), will consist of a simple slow-speed manoeuvre such as a figure of eight or circles etc – using minimum space they feel comfortable with at walking pace.

Section 2

- The debrief – will go over all aspects of the Ride
- Give Member some future direction and possibly some 'what to do next' advice if appropriate

Note:

Member may be asked questions on Highway Code and Roadcraft