

## IAM Rider Skills Day – Mallory Park – 2010      15<sup>th</sup> April and 21<sup>st</sup> October

Drawing on the experience we have gained to date we are making some adjustments to the Rider Skillsday package for 2010. The aims of everyone involved in the organisation of the events and delivery of the on-circuit instruction remain unchanged – namely:

- To deliver quality instruction aimed at improving the road riding skills of the participants
- To deliver the above in a safe environment and manner
- To make the event enjoyable for all and have some fun

We are now going to adopt the same approach that most track day companies do and split the riders into different levels i.e.

- **Experienced:** -Riders that have been with us before and reached a known standard
  - **Intermediate:** - Riders with some experience of other track based events
  - **New:** - Riders with little or no experience of this type of training.
- Within those levels we will still put a trainer to each group of 4 riders.

We are doing this because we want to be able to offer progressive training to all no matter what their experience. Past Participants that we have advised to move on to Hotrax can now be catered for on these days and are welcome to enter.

You will be put into a group of 4 and given an instructor that will stay with you all day. We will not be running morning or afternoon sessions, it will be a full day.

The cost to you for this event will be £135 as there will be less bikes on track than before and more free time with your instructor for briefing and de-briefing.

You can book on line at [skillsday@iam.org.uk](mailto:skillsday@iam.org.uk) once it is fully subscribed we will operate a waiting list, if you have paid and someone drops out at short notice we will check that you are still available and then offer you a place. In the event that we are not able to offer you a place we will either refund your money or you can go on to the next Skills Day.

If you need to cancel your place we will endeavour to find a replacement from the reserve list. However we need to point out that this may not be possible and the nearer to the date of the event, the more difficult it will be for us to find a replacement. We run these events as close as possible to break-even from a financial perspective so we cannot guarantee you a refund or even a place at a future event.

The skills day are planned to attract riders who want to improve their road riding skills but are also suitable as a base for riders that want to move onto open track days and maybe some form of competition.

The venue has been chosen because of the variety of conditions available and because it offers us an extremely controlled environment free from many of the usual hazards and challenges we encounter on the road.

The instructors will deliver a set of core competencies for rider development. It is an ideal package for riders who have never before ridden at this type of venue, whilst it also offers ongoing improvement opportunities for those who do have previous experience. As with all I.A.M. events no one will be expected to ride at a level above their ability, training as opposed to competing, is the message of the day.

There will be no timing, racing or pace making of any kind and anyone not respecting this situation will be eliminated from the event.

Although this is a training event, Mallory Park regard it as motorsport and you will be required to sign a 'Disclaimer' before being allowed to participate in the event – this is normal practice and part of the regulations imposed on us.

If you want to take part on the day please complete page 4 as accurately and honestly as possible. Then return it with a cheque for £135 made payable to 'The IAM' to: -

Lyn Francis (Skills Days)  
Institute of Advanced Motorists  
510 Chiswick High Road  
London, W4 5RG

**Or you can purchase it on line at [iam.org.uk](http://iam.org.uk) you will need to log on with your membership number and go to the events diary.**

Joining instructions will arrive via email unless you request them to be sent via Royal Mail and include a self addressed stamped envelope with your booking form

**Resolve any queries by contacting Lyn on: -**  
**020 8996 9668 [skillsday@iam.org.uk](mailto:skillsday@iam.org.uk)**

### **ELIGIBILITY**

Entry is open to all I.A.M. Motorcycle Members – Full Members and Associates. It is also open to members of the public that want to take this type of training with the I.A.M. but are not yet members. Acceptance to the event will be on a first come first served basis

### **DETAILS OF THE EVENT**

Mallory Park is located at Kirkby Mallory in Leicestershire. Further information and directions to the circuit can be found on the web at [www.mallorypark.co.uk](http://www.mallorypark.co.uk)

### **TIMING**

Participants should arrive between 7.30hrs and 8.00hrs and proceed through the paddock gate entrance and follow the circuit in an anti-clockwise direction to the centre of the circuit.

Registration will run from 08.00 to 08.30. The compulsory pre-event briefing will commence no later than 08.40 so that the first level are ready to commence at 09.00 prompt. Anyone arriving late will have to attend a personal briefing that will delay the start of their day and obviously limit their training time. A compulsory de-brief will take place at the end of the day prior to departure.

## **COMPULSORY REQUIREMENTS**

- All Participants must hold and produce a current driving licence for the vehicle they intend to ride. (Photo Licence Both Parts Please)
- All motorcycles must be road legal
- The circuit operates a mandatory 105-decibel noise limit. We are advised that this will cover all but the noisiest race exhaust.
- All participants will be subject to structured instruction in groups of no more than 5 delegates to 1 instructor. You will ride under the direction of your instructor; this does not mean that you will not be able to ride enthusiastically.
- Every effort will be made to group participants with riders of similar ability in order that slower riders will not be intimidated and faster riders will not be restricted. Movement between groups will be permitted where imbalance is detected. It is therefore important that you complete the attached questionnaire as accurately and honestly as possible

## **CLOTHING**

All participants will be required to wear appropriate motorcycle clothing:

### ***Experienced riders***

- A one piece leather motorcycle suit
- Full Zip together two piece leather motorcycle suit

### ***Intermediate and New riders***

- A one piece leather motorcycle suit
- Zip together two piece leather motorcycle suit
- Zip together man made suit
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***All of the above should be fitted with CE approved armour and you are recommended to wear a separate back protector***

- Suitable motorcycle gloves
- Suitable motorcycle boots
- CE approved helmet which will be checked on the day

## **RIDING RULES ON THE DAY**

There will be some local rules for the day relevant to procedures on the track e.g. overtaking entering and leaving the circuit etc. these will be explained during the pre-event briefing.

## **FUEL**

Fuel is available at the circuit at a slightly higher rate than garage forecourts and on a cash-only basis

## **GROUPING INFORMATION and FINAL REMINDER**

The success and enjoyment of a rider skills day is greatly enhanced by all participants riding with people of similar ability. It can be boring to be the fastest in the group and intimidating to be the slowest so the following section is an attempt to grade like with like in your group – therefore please answer truthfully

**2010 Rider Skills Day please circle date required - 15<sup>th</sup> April/21<sup>st</sup> October**

Please Complete in Clear Block Capitals - In the event that this date is full, we will contact you

First Name \_\_\_\_\_ Surname \_\_\_\_\_

Email Address \_\_\_\_\_

Address 1 \_\_\_\_\_

Address 2 \_\_\_\_\_

Town/County \_\_\_\_\_ / \_\_\_\_\_

Post Code \_\_\_\_\_ Dob \_\_\_\_\_

Tel: - Home \_\_\_\_\_ Mobile: \_\_\_\_\_

IAM Membership No. \_\_\_\_\_

IAM Group \_\_\_\_\_

IAM Status (please circle)      Associate      Full Member      Non Member

THIS IS IMPORTANT WE WANT TO PUT YOU INTO A GROUPS OF SIMILAR RIDERS

Riding Experience No of years \_\_\_\_\_      Seasonal      or      All Year *Please Circle*

Any Previous track training *please circle*      Yes      No

When \_\_\_\_\_ Where \_\_\_\_\_

In Brief what did you do & how did they group you.

e.g. *3 twenty minute sessions, their bike, novice group*

Your Bike: Make \_\_\_\_\_ Model \_\_\_\_\_

Who to contact Next of Kin

Name \_\_\_\_\_

Contact Number for Next of Kin \_\_\_\_\_

**I accept and understand that during this event whilst advice may be offered I am in control of my own machine at all times and that I must abide by the rules set out for the event by IAM and Mallory Park Staff**

Signature \_\_\_\_\_ Date \_\_\_\_\_